

# Health and wellness discounts?

Sure thing.

## Don't just get insured. Get reassured with Healthy Rewards.\*

No one should get priced out from hitting their health goals. That's why Cigna Healthcare<sup>SM</sup> Individual and Family insurance plans offers Healthy Rewards<sup>®</sup> to our medical and dental customers. This program can help you save on fitness club memberships, nutritious meals and much more. Check out just some of our discounted categories so you can make the most of your benefits and your budget:

### Exercise and Nutrition

- Fitness club memberships\*\*
- Wearable fitness devices\*\*
- Virtual workouts\*\*
- Home delivery meal service

### Hearing and Vision Care

- Specialty provider discounts
- Hearing exam and hearing aids
- Retail vision network savings
- Laser vision correction (LASIK)

To access our Healthy Rewards program, visit the Wellness section on [myCigna.com](https://myCigna.com)<sup>®</sup> or call **800.870.3470**.

Cigna Healthcare customers who don't have access to the [myCigna](https://myCigna.com)<sup>®</sup> website or app and want an **Active&Fit Direct**<sup>™</sup> gym membership can call **800.870.3470** and press 3 to be transferred to a customer service representative.

## Ready for a health insurer that's looking out for you?

Contact your broker and enroll in a plan today.

Insured by Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna Healthcare of North Carolina, Inc., Cigna HealthCare of South Carolina, Inc., or Cigna HealthCare of Texas, Inc. In Utah, plans are offered by Cigna Health and Life Insurance Company

\*Healthy Rewards programs are NOT insurance. Rather, these programs give a discount on the cost of certain goods and services. The customer must pay the entire discounted cost. Some Healthy Rewards programs are not available in all states, and programs may be discontinued at any time. Participating providers are solely responsible for their goods and services.

\*\*Fitness membership and devices along with virtual workouts can only be accessed by logging in to [myCigna.com](https://myCigna.com) and navigating to Healthy Rewards Discount Program.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative. Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of South Carolina, Inc., and Cigna HealthCare of Texas, Inc. The Cigna Healthcare name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.