



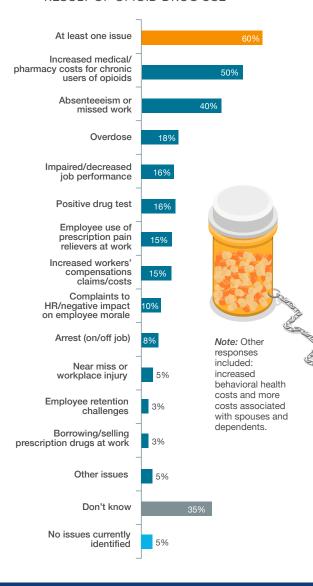
THE EMPLOYER RESPONSE TO

OPIOIDS

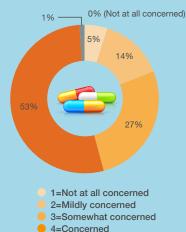
The information provided in this infographic has been taken from a collection of Quick Surveys performed by the Business Group. To view more Business Group resources on pharmacy plan design and opioids please click here.

An estimated 2.9 million Americans use prescription opioids non-medically, which is about 1.4% of adults over 25. Opioid misuse and abuse affects working people of all ages and their dependents. Compared to non-abusers, abusers incur higher health care costs and a greater number of disability claims, miss more work days, and are more likely to be demoted or fired.¹

ISSUES EXPERIENCED BY EMPLOYEES AS A RESULT OF OPIOID DRUG USE³



CONCERN OF INAPPROPRIATE USE/ABUSE OF PRESCRIPTION OPIOIDS²



4=Concerned5=Very ConcernedDon't Know

Common Opioids to Look For in Your

- Oxvcodone
- Hydrocodone
- Fentanyl

 (also available as a patch)
- Morphine
- Methadone



25% of employers have found it somewhat or moderately difficult to recruit employees who are opioid-free³

EMPLOYERS WORKING WITH THEIR PBM, HEALTH PLAN, AND/OR DISABILITY CARRIER TO ADDRESS INAPPROPRIATE USE/ABUSE OF PRESCRIPTION OPIOIDS³



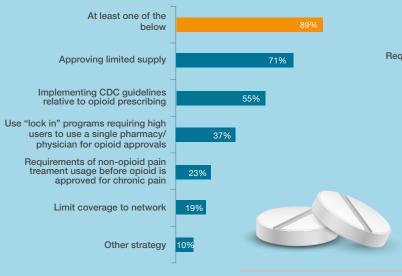




Disability Plan/Carrier

STRATEGIES EMPLOYERS ARE USING IN CONJUCTION WITH THEIR PBMs TO ADDRESS INAPPROPRIATE USE/ABUSE OF PRESCRIPTION OPIOIDS³

STRATEGIES EMPLOYERS ARE USING IN CONJUCTION WITH THEIR HEALTH PLANS TO ADDRESS INAPPROPRIATE USE/ABUSE OF PRESCRIPTION OPIOIDS³



At least one of the below

Require non-pharmacological step-edits before coverage of opioids for non-surgical, non-cancer pain

Create provider networks that reduce opioid use, pre- or post-surgery

Change benefit designs to steer employees to providers with opioid-reduction strategies

Other strategy

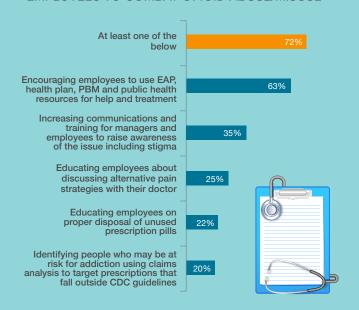
31%

Note: Other responses included: lock-in employee's coverage to certain physicians, utilizing case management for related claims and monitoring high-volume prescribers, requiring injectable analgesic in place of proiding prescription pain medication.

Note: Other responses indicated: substance abuse monitoring, educating employees about prescriptions and safe disposal of unused supply, zero copay on non-opioid prescriptions, fraude and abuse program, home education, physician alerts.

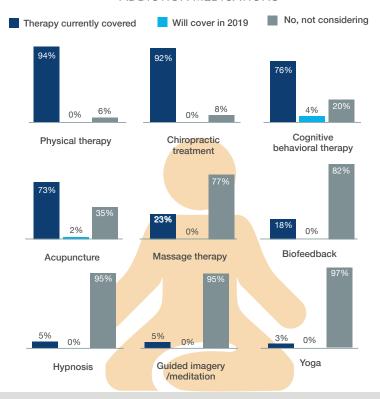
Among employers with a drug-free workplace policy, 43% also have a "first offense forgiveness" policy, which connects the employee to treatment rather than immediate termination after the individual's first substance- use -related workplace incident³

MEASURES EMPLOYERS ARE TAKING DIRECTLY WITH EMPLOYEES TO COMBAT OPIOID ABUSE/MISUSE



20% of employers have conducted anti-stigma initiatives to reduce negative associations with substance use disorders and treatment³

ALTERNATIVE THERAPIES COVERED BY EMPLOYERS TO REDUCE THE NEED TO TAKE OPIOIDS OR OTHER ADDICTION MEDICATIONS



- Landers-Nelson D, McCaslin T. Prescription Opioid Misuse and Abuse. Employer Alert. https://www.businessgrouphealth.org/pub/?id=CA798C3B-782B-CB6E-2763-64225F360AE8. Accessed February 27, 2018.
- 2. Lykens C. 2018 Large Employers' Health Care Strategy and Plan Design Survey. Survey Report. National Business Group on Health. https://www.business-grouphealth.org/pub/?id=62A23B83-DC87-F58C-38FB-881AF80C8272. Accessed February 27, 2018.
- 3. Ridgley L. Opioids in the Workplace. Survey Report. National Business Group on Health. https://www.businessgrouphealth.org/pub/?id=CC2C67F5-E2AD-87F6-797E-9293C4EDB3CC. Accessed February 27, 2018.